

# CnaB National Handball Day Rules

CUMANN  
NA MBUNSCOL



Standard 40x20 Handball Rules apply,  
unless otherwise stated below.

## **General:**

- Gloves & Eye-guards are mandatory when playing 40x20 Handball
- Challenger 2 Ball used for all matches
- No timeouts are allowed

## **Scoring:**

- Games will be played up to 2 x 15 aces
- There will be no tiebreakers
- Points are available per rally, thus you don't have to serve in order to win a point

## **Serving:**

- In singles, each player gets 2 consecutive serves each before switching server
- In doubles, Player 'A' take 2 consecutive serves, and then Player 'B' takes 2 serves for that same team. Thus each team will get 4 serves in a row between them. This serving order must be stated to the referee before the game starts and must be maintained throughout the match.
- When serving, if the ball hits the service line on rebound from the front wall, then it is a foul serve, and a second serve is allowed
- If any part of a players body crosses outside the service lines during a serve, then this is deemed a foul serve
- When a player is serving, their partner must stand inside the side service box, alongside the side wall